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Module 1
Impending Danger Safety Planning

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Module 1 Learning Objectives

- Participants are able to:
  - Discuss the purpose of a safety plan in response to impending danger.
  - Justify the concepts of safety planning and treatment services.
  - Justify the need for a safety plan in response to impending danger through the use of the safety planning analysis.
  - Evaluate case information to justify the development of a safety plan to control for impending danger.

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Module One
Plans That Form Intervention
Safety Plan
Safety Plan Vs. Treatment Plan
What is a Safety Plan?
Criteria for a Safety Plan
Definition of In-home Safety Actions
Actions Within Safety Plans
Responsibility for Safety Management and Safety Planning
Slide 4

**Controlling for Danger**

<table>
<thead>
<tr>
<th>What and When</th>
<th>Present Danger Plan</th>
<th>Safety Plan Conclusion of Family Functioning Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Why</td>
<td>Control safety</td>
<td>Control safety</td>
</tr>
<tr>
<td>What</td>
<td>Present danger</td>
<td>Impending Danger</td>
</tr>
<tr>
<td>Purpose</td>
<td>Manage present danger while completing the Family Functioning Assessment</td>
<td>Manage Impending Danger while allowing services to occur</td>
</tr>
</tbody>
</table>

Slide 5

**Safety Plan vs. Case Plan**

<table>
<thead>
<tr>
<th>Safety Plan</th>
<th>Case Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Why</td>
<td>Treatment</td>
</tr>
<tr>
<td>What</td>
<td>Caregiver Protective Capacities</td>
</tr>
<tr>
<td>Purpose</td>
<td>Enhance Caregiver Protective Capacities</td>
</tr>
</tbody>
</table>

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**Creating a Strategy for Maintaining Child Care: The Scenario**

- It has been determined by your doctor that due to the severity of a recent medical condition it is going to be perhaps several months until you are feeling up to par. Due to this illness, you are generally unable to consistently attend to primary and essential parenting responsibilities on your own. (i.e., feeding, bathing, dressing, supervision, structure, etc.)
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**What is a Safety Plan?**

- A written arrangement between caregivers and the agency that establishes how impending danger threats to child safety will be managed.
- Must be implemented and active as long as threats to child safety exist and caregiver protective capacities are insufficient to assure a child is protected.

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**What are the criteria for Safety Plans?**

- Must control or manage Impending danger.
- Must have an immediate effect.
- Must be immediately accessible and available.
- Must contain **safety services and actions** only.
- No promissory commitments.

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**Definition of In-Home Safety Actions:**

Taking Control of an Out-of-Control Family Condition

- Active and intentional efforts made by DCF (CPI or Case Manager), the family, informal and formal resources that will assume the responsibility for assuring that a child’s basic needs and safety needs are met.
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Actions within Safety Plans

- Safety Categories:
  - Behavioral Management
  - Crisis Management
  - Social Connection
  - Resource Support
  - Separation

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What is the Scope of Safety Plans?

- Use of in-home, out-of-home, combination of actions.
- Clarification of the role of parents (caregivers) in the plan.
- Protective role of others.
- Specification of the safety services from a limited to extensive perspective.
- Use and responsibility of the family network and professionals.
- Parent (caregiver) access to child.
- Identification and rationale for different kinds of separation.
- Anticipated time limits that govern separation.

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Developing Sufficient Safety Plans

Once threats to child are identified, the responsibility for assuring safety management rests with DCF!
When is a Safety Plan Sufficient?

A safety plan is sufficient when it is a well thought-out approach containing the most suitable people taking the necessary actions, frequently enough to control danger threats and/or substitute for diminished caregiver protective capacities.

Purpose for Safety Planning Analysis

• Analyze the relationship between specific pieces of information for determining the degree of intrusiveness and the level of effort necessary for assuring that a DCF safety plan will be reasonably effective in protecting a child.

Safety Analysis Questions

• The parents/legal guardians are willing for an in-home safety plan to be developed and implemented and have demonstrated that they will cooperate with all identified safety service providers.

• The home environment is calm and consistent enough for an in-home safety plan to be implemented and for safety service providers to be in the home safely.

• Safety services are available at a sufficient level and to the degree necessary in order to engage the way in which impending danger is manifested in the home.
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Safety Analysis Question 4

• An in-home safety plan and the use of in-home safety services can sufficiently manage impending danger without the results of scheduled professional evaluations.

Safety Analysis Question 5

• The parents/legal guardians have a residence in which to implement an in-home safety plan.

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Safety Planning Analysis:
Determining Level of Sufficiency

Dutton-McAdams
Group Exercise

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Safety Planning Determination Meeting:
Focus Points

• Focus on how to manage the safety factors—know and understand.
• Identify action areas that match up with danger threats.
• Consider actions/services within action areas that seem relevant.
• Apply the 4 – W’s and the big H.
• Based on the group analysis, judge sufficiency.
• Complete the safety plan.
• Be prepared to explain and justify your safety plan.
Module 2 Learning Objectives

Participants are able to:
Define and recognize the actions and tasks associated with ongoing safety management
Define the need for modification of safety plans and conditions for return.

Safety Plan: One Form, Not the Same

<table>
<thead>
<tr>
<th>When</th>
<th>First Contact</th>
<th>Conclusion of Family Functioning Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Why</td>
<td>Control safety</td>
<td>Control safety</td>
</tr>
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Managing the Safety Plan: Essential Skills of Safety Management
Safety Plans During Ongoing Case Management Are:
- Provisional
- Temporary
- Conditional
- Interim
- Dynamic
- Parent Centered
- Child Centered
- Non-Negotiable

When to Take Action: Safety Plan Modification

It's Friday......And....
A substance abuse counselor leaves a voicemail stating that the mother has not shown up for any appointments in the past month which suggests she is using cocaine again. The counselor, while not a Safety Service provider on the Safety Plan, is considering writing a letter to the judge stating that the children are no longer safe and the In-Home Safety Plan should dissolve and the children should be placed immediately. The service aide who is providing In-Home Safety Services (supervision and monitoring) has provided weekly notes to you without any reference to any problems she is observing. However, you know that she has become quite close to the mother, and she often makes disparaging comments about the substance abuse counselor in front of the mother.
Modification of the Safety Plan

Increase Intrusiveness: Safety Plan is NOT working—child is still unsafe due to plan not containing all identified safety needs.

Decrease Intrusiveness: Consequences of Failure have been achieved and/or caregiver's protective capacity has been enhanced to the point where they are able to control the danger threat and/or threat is no longer present.

Conditions for Return

Question #1: The parents/legal guardians are willing for an in-home safety plan to be developed and implemented and have demonstrated that they will cooperate with all identified safety service providers.

Question #2: The home environment is calm and consistent enough for an in-home safety plan to be implemented and for safety service providers to be in the home safely.

Question #3: Safety services are available at a sufficient level and to the degree necessary in order to manage the way in which impending danger is manifested in the home.

Question #4: An in-home safety plan and the use of in-home safety services can sufficiently manage impending danger without the results of scheduled professional evaluations.

Question #5: The parents/legal guardians have a residence in which to implement an in-home safety plan.