Characteristics of Sudden Infant Death Syndrome (SIDS)

<table>
<thead>
<tr>
<th></th>
<th>Consistent with SIDS</th>
<th>Red Flags</th>
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</thead>
<tbody>
<tr>
<td>History of death</td>
<td>Healthy infant; fed; put to bed; silent death</td>
<td>Unclear history; prolonged interval between bedtime and discovery</td>
</tr>
<tr>
<td>Age at death</td>
<td>2-4 months old most common; 90% of cases the child is 1-12 months old</td>
<td>Child older than 12 months</td>
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<tr>
<td>Physical exam at death</td>
<td>Pink watery frothy fluid from nose/mouth; post mortem dependent discoloration; no skin trauma; well cared for</td>
<td>Injuries; trauma; bruises; indications of malnutrition; neglect; fractures</td>
</tr>
<tr>
<td>History of pregnancy</td>
<td>Cigarette use by parents; premature or low birth weight; multiple births; illness requiring hospitalization</td>
<td>Unwanted pregnancy; no health checks; drug/alcohol use during pregnancy</td>
</tr>
<tr>
<td>Death scene</td>
<td>Crib in good condition; firm sleep surface; no dangers or toxins; good ventilation</td>
<td>Appearances of chaotic, unsanitary, crowded living conditions; drugs/alcohol; struggle in crib; blood-stained bedclothes; hostility by caretakers; discord; accusations</td>
</tr>
<tr>
<td>Previous deaths</td>
<td>First unexplained infant death</td>
<td>More than one unexplained infant death</td>
</tr>
<tr>
<td>Previous child protective services or law enforcement involvement</td>
<td>None</td>
<td>Prior child protective services calls; family members arrested for violent behavior</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Previous sudden unexpected infant death</td>
</tr>
</tbody>
</table>

The Medical Examiner will play a pivotal role. Be prepared to attend all autopsies.
THINGS TO OBSERVE

CONDUCT A MINI INTERVIEW AT THE SCENE WITH THE CAREGIVER. BE NON-JUDGMENTAL, NON-CONFRONTATIONAL, COMPASSIONATE, OBSERVANT AND COMPOSED.

Explain the purpose of the interview by saying:
“THese questions will help evaluate what led to your loss.”
“THESE QUESTIONS WILl HELP EVALUATE THE CAUSE OF YOUR LOSS.”

INTERVIEW QUESTIONS

- What is the address of the parents/caregiver?
- How long has the child been at this address?
- Are the parents married?
- What time was the child found?
- When was the last time the child was seen alive?
- Does the child have a disability?
- Who found the child?
- Who was the caregiver at the time of death?
- What were the circumstances of the child’s death?
- When was the child last fed?
- How much breast or bottled milk?
- Was there a history of breathing difficulties?
- Had the child been crying or fussy?
- Had the child been ill recently?
- Has there been an ER or doctor visit in the last few weeks?
- Who is the child’s doctor?
- Does the child take any medications/had vaccines?
- What is the child’s medical history?
- What type of prenatal care was provided?
- Were there any labor problems?
- Was the child premature or part of a multiple birth?
- Did the mother smoke/use drugs during the prenatal period?
- What was the child’s birth weight?
- Are the child’s growth charts available?

GUIDELINES

These guidelines were developed for use in cases involving a child death or injury. In addition to the items listed on this guide, please make a note of any other relevant information.

In child death cases, there are many risk factors to be considered. A child death inquiry will include clues such as the age of the child, criminal history of the parent/caregiver, history of domestic violence in the household, prior abuse history, hazardous housing conditions, substance abuse in the parent/caregivers, and other factors. Some child fatalities are due to neglect which may mean the child died either because of the caregiver’s actions, or because the caregiver failed to act. Neglect covers a broad spectrum of child deaths that may include drowning, suffocation, heat stroke, and medical neglect. Neglect cases may result in outward signs on the child’s body. Other child deaths such as those from abuse may not always show outward signs. These deaths may occur from internal injuries to the body. All observations should be documented, however, Red Flag items should ensure a complete and comprehensive investigation. In child death cases, always contact the local Medical Examiner, the State Attorney’s office, and the Department of Children and Families.

For additional resources and training information, please contact the State Child Death Review Team at 850-245-4200.

These guidelines were originally produced in 1997 by the Oklahoma Child Death Review Board. Modifications were made for use in Florida. Printing costs were paid through funds from the Florida Department of Law Enforcement Crimes Against Children Program.

For more information visit:
www.flcdcr.org
www.fdle.state.fl.us

THIS IS JUST A GUIDE. THESE GUIDELINES ARE NOT A SUBSTITUTE FOR YOUR AGENCY’S POLICIES AND PROCEDURES. FOLLOW YOUR AGENCY’S PROCEDURES AND MEDICAL DIRECTION.