Family Intensive Treatment Team

There's no "I" in Team!

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Introductions
Icebreaker
Lecture
Behavioral Rehearsal
Debrief
What is FITT?

An intensive, team-based model providing comprehensive services for families suffering with addiction who are involved in the Child Welfare System.
The FITT Model

Family-focused Treatment through Teamwork and Communication
Goals

- Increase immediate access to substance use and co-occurring mental health services
- Increase children’s safety and reduce risks
- Increase parental protective capacities
- Reduce rates of re-abuse/neglect of children with parents who have a substance use disorder
- Reduce the number of out-of-home placements or the amount of time children remain in the CWS
- Help parents with substance use issues overcome addiction and improve involvement in recovery services
FITT Services

- Individual/Family Therapy
- Wraparound Case Management
- Peer Advocacy
- Life Skill Development
- Parenting Education
- Visitation
Wraparound Principles

*Do for, Do with, CHEER ON!*

- **Family Voice & Choice**
  "No planning about me without me"

- **Team-based**

- **Natural Supports**
  "Go-to' people"

- **Collaboration**
  "Meaningful Integration"

- **Community-based**

- **Culturally Competent**
  "Culture throughout life domains"

- **Individualized**

- **Strengths-based**
  "No blame, no shame"

- **Persistence**
  "Plans fail, not people"

- **Outcomes-based**
Early Childhood Court - Broward

**ECC Community Coordinator**
Assists & serves as liaison between FITT and court system

- Leads multidisciplinary team meetings monthly to identify system gaps & needs of infants, toddlers & their families
- Educate families & community members around impact of trauma, domestic violence, substance abuse exposure & attachment on children
- Advise & assist Case Workers around appropriate, individualized referrals while maintaining relationships with community resources/providers
Outcomes

FY 17/18 Data (Broward & Palm Beach)

- Discharged - 52 Parents
- Graduated from FITT - 21 (Success celebrated)
  - 40% Success Rate
- Children reunited with their parent(s) - 17

*All other children were in the home at inception of and throughout the episode of care with FITT.
And now for your viewing pleasure...

Behavioral Rehearsal

Scenario 1 - Parent & Department vs.
Scenario 2 - Parent, Department & FITI w/ other Providers

Followed by commentary from the lens of a Parent, Child Advocate & Court Representative!

ENJOY!