QUICK GUIDE TO POLK COMMUNITY RESOURCES

This guide is a list of most frequently requested community resources and services. Programs funded by United Way are listed in bold. If you would like information about these programs, or you need a referral to a program to meet your needs, Dial 211 or 863/648.1515; 1800/881.UWAY (8929)

ABUSE: CHILD & ADULT
Abuse Hotline…………………….800-962-2873
Guardian Ad Litem Program ………………….299-7983
Gulf Coast Community Care ……………863-3000
Peace River Center Domestic Violence Shelter -Women, Men & Families……..413-2700

ADOPTION
Catholic Charities-Lakeland………...686-7153
Winter Haven ………………………299-7983
Children’s Home Society………..413-3126
Florida Baptist Children’s Home …………688-4981
Florida Adoption Info Ctr.……………800-962-3678

AIDS AWARENESS
CDC Information……………………800-232-4636
Nat’l Prevention Info Network ……….800-458-5231
TDD………………………………800-243-7012
Patient Care Services …………………519-8233
Polk County Health Department ….......413-2620

ALCOHOL/DRUG ABUSE
ACTS……………………………..428-1520
Alcoholics Anonymous……..687-9275
Al-Anon…………………………687-3800
Toll Free………………………866-539-3030
Drug Helpline……………………800-662-4357
Inner/Act Alliance………………802-0777
Narcotics Anonymous Helpline……683-0630
Peace River Center……………….248-3311
Telbros House Ministries………….687-8475
Lakeland Grace Academy……….647-1944
Tri-County Human Services…….533-4139

CONSUMER ASSISTANCE
Consumer Services (State)………….800-435-7352

CRISIS INTERVENTION
Behavioral Health Division
– Access Line………….800-723-3248
Peace River Mental Health Crisis……519-3744
Rape Crisis…………………….413-2707
Tri-County Human Services………..533-4139

CHILD CARE
Early Learning Coalition of Polk………..577-2450
Head Start…………………….648-3051

COUNSELING & MENTAL HEALTH
Anchor House Ministries (Boys)…………665-1916
Bethany Center (Good Shepherd) ……….968-1707
Behavioral Health Adult Counseling,…..297-1702
Outpatient Counseling………………..294-7062
Fla. Division of Blind Services………699-2385

DENTAL CLINICS
Polk County Health Department Dental Clinics
Auburndale……………………695-6333
Lakeland………………………413-2636

DISABILITY SERVICES
Achievement Academy, Inc.…….683-6504
Agency for Persons with Disabilities……...413-3360
Alliance for Independence………………665-3846
Arthritis Foundation…………………...800-283-7800
Center for Independent Living………413-2722
Central Florida Speech & Hearing……..686-3189
Easter Seals Camp Challenge……..352-383-4711
Florida Epilepsy Services…………686-5880
Florida Diagnostic & Learning Resource 647-4258
Fla. Div. of Blind Services……….499-2385
Florida Relay Service (Voice)…………..800-955-8770
TTY…………………………800-955-8771
Fla. School for the Deaf & Blind………800-344-3732
Goodwill Industries………………….701-1351
Gulf Coast Community Care…………904-3000
Polk County School Board
– Exceptional Student Ed……..534-0930
Sunrise Community Services………..680-2817
Tampa Lighthouse for the Blind/Polk…299-3633

DISASTER/EMERGENCY
American Red Cross …………407-894-4141 x5633
FEMA ………………………1-800-621-3362
Special Needs Shelter Registration/Info…298-7027

EDUCATION RESOURCES
Fl. Diagnostic and Learning Resource……647-4262
Learning Resource Center……….688-9477

EMERGENCY SHELTER – YOUTH
George Harris Youth Shelter…….595-0220

EMPLOYMENT & JOB TRAINING
Goodwill Industries/Suncoast Inc.……701-1351
Experience Works (Seniors) …………967-9631
Displaced Homemakers Prog. ………..863-5627 ext.3114
Polk Workforce One Stop Centers ………800-330-3491
Winter Haven…………………………508-1100
Lakeland……………………………683-5627
Tpa. Lighthouse for the Blind-Polk ………999-3633
Veterans’ Services…………………..683-5627 x 3135/3140
Vocational Rehabilitation – Lkld…….680-5534
– Wtr. Haven…………291-5280

FAMILY & PARENTING RESOURCES
Family Fundamentals………………686-1221
Head Start ………………………648-3051
Peace River Center Home to Stay……519-0575 x 1156

FINANCIAL SUBSIDY COUNSELING PROGRAMS
Dept. of Children & Families-Access Florida …………886-762-2237
Social Security Administration…….800-772-1213
Worker’s Compensation……………800-342-1741

FOOD, MEDICINE, FINANCIAL, AID
Agricultural & Labor Program (ALPI) ……….956-3415
Toll Free………………………800-530-3491
Catholic Charities – Lakeland ………..686-7153
Winter Haven …………………..299-7983
Church Service Center………………533-5822
Dept. of Children & Families – Access Florida (WAGES, Food Stamps, Medicaid) .866-762-2237
Family Emer. Service Ctr. of WH…………294-1939
Frostproof Care Center………………863-355-5553
Goodwill Industries………………….701-1351
H.O.P.E. Center……………………683-8182
Lake Wales Care Center………………863-676-6678
Lighthouse Ministries………………..687-3795
Mulberry Community Service Center……425-1523
Polk Co. Social Services……………534-5387
Salvation Army – Lakeland………….682-8179
Winter Haven ………………………291-5107
Telbros House Ministries………………687-8475
WIC (Women, Infants & Children)……519-7542
Polk County’s Resource Center …………294-5318
One call to find help, whether you’re looking for family counseling, camps for kids, or assistance for an aging parent. 2-1-1’s trained referral specialists will connect you with a program that can help you. Dial 2-1-1 or 863-648-1515.